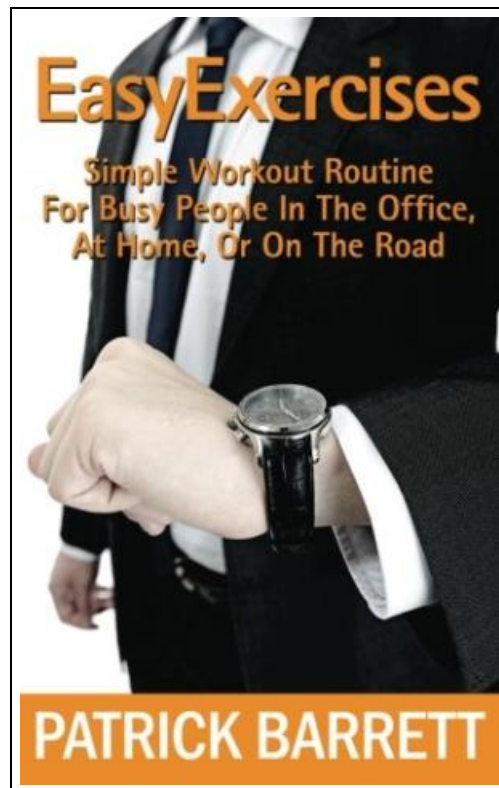


Easy Exercises: Simple Workout Routine for Busy People in the Office, at Home, or on the Road



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