



My Diabetes Organizer: The Essential Planner and Record-Keeper for People with Type 2 Diabetes

By Gina Barbetta, Val Rossi

Hatherleigh Press. Hardback. Book Condition: new. BRAND NEW, My Diabetes Organizer: The Essential Planner and Record-Keeper for People with Type 2 Diabetes, Gina Barbetta, Val Rossi, The Essential Planner and Record-Keeper for People with Type 2 Diabetes A diagnosis of type 2 diabetes means a lifetime of monitoring both diet and blood sugar. Packed with charts, guides, and advice, this complete health management system helps organize and simplify the lives of people with diabetes. With the planning tools in this handbook, patients can keep track of test results, contact information, and medication records. Favorably reviewed by the American Association of Diabetes Educators, the organizer features: -12-month check-up charts-envelopes and pockets for bills, lab test results, doctors' business cards, and more-a 30-day journal to get readers into the routine of daily care By looking beyond bare facts and providing real goals for living with type 2 diabetes, this book serves as a constant companion for vital self-care.



[READ ONLINE](#)
[1.38 MB]

Reviews

The most effective publication i ever read through. I could possibly comprehended almost everything using this composed e pdf. I am very easily could get a enjoyment of reading through a composed pdf.

-- **Opal Bauch V**

Completely one of the best ebook I actually have possibly study. It can be writter in simple phrases and not confusing. You can expect to like the way the author write this book.

-- **Josefa Ebert**