



## Rethinking Life on the Appalachian Trail: The Thru-Hike of Rethinker (Paperback)

By Gary Bond

Createspace Independent Publishing Platform, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Many dream of thru-hiking the Appalachian Trail. For Gary Bond, that dream had lain just below the surface for over 30 years. But eventually, Bond adopted the trail name Rethinker and the dream was traded for an adventure. At the Trailhead Leading up to this excursion and the chosen trail name was a period of rethinking for Bond. The beliefs that had been the foundation of his entire life had turned into nagging doubts. He longed to shed this burden and seek out Truth and a simpler way of life. And what better way than a long walk in the wilderness? What would Rethinker discover during five months on the Trail? What would he learn about Nature, about long-held beliefs, and about himself? How would he apply these lessons to the Larger Trail? The Long Walk This book captures the many aspects of Rethinker s AT thru-hike. Experience the physical and mental highs and lows of the grueling journey. Meet various characters and legends of the trail that Rethinker encounters, including the Harbinger of Maine, and enjoy their stories as well. Walk...



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