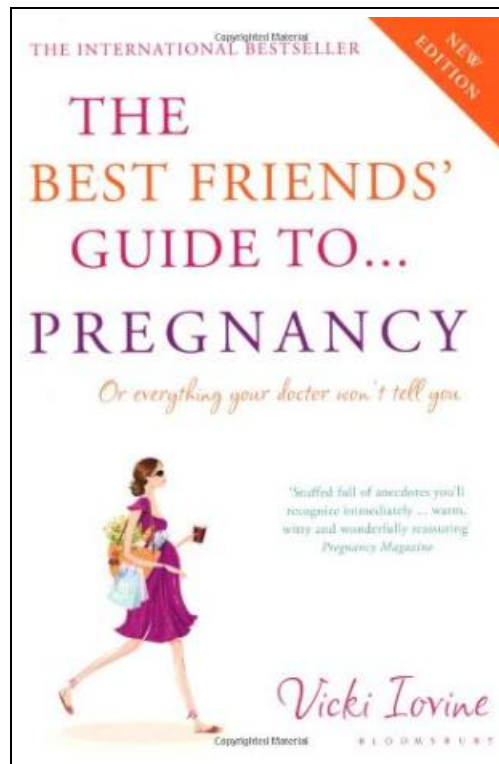


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THE BEST FRIENDS' GUIDE TO PREGNANCY: OR EVERYTHING YOUR DOCTOR WON'T TELL YOU (REVISED EDITION)



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Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, The Best Friends' Guide to Pregnancy: Or Everything Your Doctor Won't Tell You (Revised edition), Vicki Iovine, Your doctor gives you medical advice. Your mother buys you baby clothes. But who can give you the real story when you're pregnant? Your best friends, of course - at least, the ones who've been through the exhilaration and exhaustion, the agony and ecstasy of pregnancy. Four-time delivery room veteran Vicki Iovine talks to you the way only a best friend can - in the book that will go the whole nine months for every mother-to-be. Now, in this newly revised and updated edition, get the lowdown on all those little things that are too strange or embarrassing to ask, practical tips, and hilarious takes on everything pregnant. From learning that you're expecting ('Oh my God, how do I get out of this?') to the day your newborn arrives ('You mean I have to take it home with me?'), Iovine gives you the low-down on: What Really Happens to Your Body -- from morning sickness and gas to eating everything in sight The Many Moods of Pregnancy - why you're so irritable/distracted/tired/light-headed (or at least more than usual). Staying Stylish - cautionary style tips from your best friend, who really would tell you if your perky new-mum haircut makes you look like a pinhead whale Pregnancy Is Down to a Science - from in vitro fertilization to scheduled C-section, the latest technology provides so many options, alternatives, and tests, it can all be downright confusing and much more!



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