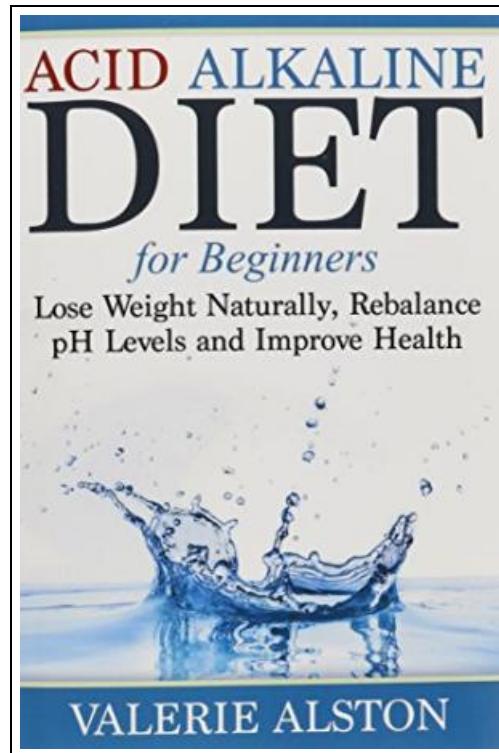


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Reviews

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(Bill Klein)

ACID ALKALINE DIET FOR BEGINNERS: LOSE WEIGHT NATURALLY, REBALANCE PH LEVELS AND IMPROVE HEALTH



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Weight a Bit, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The mechanisms and operations of the body are guided by a set of homeostatic processes. This state of equilibrium includes a normal balance and blood concentration of various compounds, hormones and enzymes designed to operate optimally at certain blood pH. Although blood and body pH are designed to be slightly alkaline, there are instances when the pH of the blood and of the body are made slightly acidic from various factors such as diet, stress and exposure to pollutants.



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